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Date:

Unit title: Year 3, Safety and the changing body

1	What phone number should you use in an emergency?		
Α	111		
В	999.		
С	000.		
D	911.		

2 When calling 999, what information do you need to give?

- A Your name and your home address.
- **B** What happened and who you are with.
- **C** What happened, what the injuries are like, where exactly you are located.
- **D** Your name and roughly where you are located.
- 3 What is the first thing you need to do in an emergency?
- A Dial 999.
- **B** Ask what has happened.
- **C** Go away and let someone else deal with it.
- **D** Make sure you and other people are safe.

4 If someone has a bite or sting that is making breathing difficult, which <u>two</u> things should you do?

- A Give them a drink.
- **B** Keep them calm.
- **C** Wait to see if it gets worse.
- **D** Call 999 for help.

5 Which are the best things to do if you get an unkind email or online message? Choose <u>two</u> answers.

- A Speak to a trusted adult about it.
- **B** Send it to all your friends to see what they think.
- **C** Read it again to check if the person meant to be unkind.
- **D** Answer straight away to find out what they meant.



Date:

Unit title: Year 3, Safety and the changing body

6 Which of these is cyberbullying?

- A Someone calling someone a name on social media.
- **B** Someone hitting someone else in the playground.
- **C** Someone making unkind comments everyday while playing an online game.
- **D** Someone ignoring someone else every play time.
- 7 Which of these is it most likely that someone your age can choose for themselves?
- A What to wear to school.
- **B** What book to read.
- **C** Where to go on holiday.
- **D** What the main meal of the day will be.

8 Which of these is not a good influence?

- **A** A friend suggesting you both go to the new football club.
- **B** Your brother suggesting you leave your homework until the next day.
- **C** Your sister suggesting you try a new item on the menu when you go out for a meal.
- **D** A friend telling you about a new game she has found.

9 Which <u>two</u> are the best ways to avoid being pressured to do something you do not want to?

- A Confidently saying, 'No,' more than once if necessary.
- **B** Trying it once and see what happens.
- **C** Saying, 'No,' once and very quietly.
- **D** Getting away from the situation.

10 What five clues are there that the image on the board might be a fake email?



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