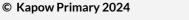
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Date:

Unit title: Year 4, Safety and the changing body

- 1 Why can emails or online messages be misunderstood and upset someone?
- A There could be spelling mistakes.
- **B** It is sometimes hard to judge what tone of voice is being used.
- **C** The email might not be delivered.
- **D** The email might be sent to more than one person.
- 2 Which of these might influence us?
- A Our friends.
- **B** TV adverts.
- **C** Social media.
- **D** All of the above.
- 3 Why are there age restrictions on computer games?
- A To stop children having fun.
- **B** Because the content is not suitable for children of certain ages.
- **C** Because playing computer games is bad for children.
- **D** Because companies make more money from adults.
- 4 Which two of these are risks of sharing things online?
- A Your friends can see what you have shared.
- **B** Things you share online are there for a long time.
- **C** Lots of people you do not know could see what you have shared.
- **D** Sharing things online does not cost anything.
- 5 If someone is having an asthma attack, what should you do to help?
- A Keep them calm and ask if they have an inhaler.
- **B** Go and get someone else's inhaler.
- **C** Leave them on their own.
- **D** Talk to them about something else to take their mind off it.



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- 6 Which of these are usually kept private? Choose two.
- A Discussing your weekend.
- **B** Sharing your art work.
- **C** Having a shower.
- **D** Saying what your name is.

7 Which of these statements is false?

- A People can pay to have their websites appear in searches.
- **B** When you search for something, you should look for reliable websites.
- **C** The first site that comes up in a search is always the best one to use.
- **D** Anyone can create a website.

8 What is puberty?

- A Changing from a baby to a toddler.
- **B** Changes that happen as a child becomes an adult.
- **C** Getting older.
- **D** When people grow taller overnight.

9 If you cannot speak to an adult you know and trust, which organisation can help you with problems?

- A Age UK.
- **B** The British Red Cross.
- C Childline.
- **D** The World Wildlife Foundation.

10 What personal hygiene tips would you give to someone going through puberty?

