

Name:

Date:

KS2 Quiz

Unit title: Year 5 - Safety and the changing body

1 Which of these might not be a reliable website?

- A The website of an organisation you have heard of.
- B A website your teacher told you about.
- C A website that appears high up in a search.
- D A website that is linked to your school website.

2 Which of these is the best definition of 'private'?

- A Something no one else knows about.
- B Something personal that is not shared with others unless you choose to.
- C Something that you worry about.
- D Something that is embarrassing.

3 What are the most important things to think about before sharing online? Choose two.

- A Is what you are sharing funny?
- B Is what you are sharing true?
- C Is what you are sharing kind?
- D Is what you are sharing going to make you popular?

4 Which two of these might be risky to share online?

- A Your first name.
- B A picture of your house.
- C The name of your pet.
- D A photo of you in your school uniform.

5 Complete the statement so that it is true: During puberty...

- A ...boys and girls experience only physical changes.
- B ...boys and girls experience physical changes and only girls experience emotional changes.
- C ...boys and girls experience physical and emotional changes.
- D ...only girls experience changes.

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6 Which of these statements is false? Select one.

- A Girls usually start their period between the ages of 9 and 13.
- B Girls can shower during their periods.
- C Periods usually last between three and six days.
- D Girls start their periods at the same age that their mums started their periods.

7 Which of these statements is false? Select one.

- A Boys can have wet dreams.
- B Boys tend to experience puberty later than girls.
- C A boy's voice will get higher during puberty.
- D Different parts of a child's body will grow at different rates.

8 If someone has a wound that is bleeding, what should you not do?

- A Leave the casualty to find help on their own.
- B Apply pressure to the wound, using clean material if possible.
- C Call an ambulance if required.
- D Reassure the casualty.

9 Before making a big decision, what should you do?

- A Do what your friends tell you to do.
- B Go with your first thought.
- C Think about what your favourite celebrity would do.
- D Weigh up the 'for' and 'against' points to help you decide.

10 If a friend tells you that they are worried about something, what could you do to support them?