

Name:

Date:

KS2 Quiz

Unit title: Safety and the changing body

**1 Which are the most important things to think about before sharing online? Choose two.**

A Is it funny?

B Is it true?

C Is it kind?

D Is it going to make you popular?

**2 Which two of these might be risky to share online?**

A Your first name.

B A picture of your house.

C The name of your pet.

D A photo of you in your school uniform.

**3 Which is the correct way to treat someone who is choking?**

A Ask if they are choking; give five back blows; encourage to cough; give five tummy thrusts.

B Ask if they are choking; encourage to cough; give five back blows; give five tummy thrusts.

C Ask if they are choking; encourage to cough; give five tummy thrusts; give five back blows.

D Encourage them to cough; give five back blows.

**4 Which of these is a consequence of drinking alcohol long-term?**

A Headaches.

B Vomiting.

C Liver damage.

D Falling over.

**5 Before making a big decision, what should you do?**

A Do what your friends tell you to do.

B Go with your first thought.

C Think about what your favourite celebrity would do.

D Weigh up the 'for' and 'against' points to help you decide.

Name:

Date:

KS2 Quiz

Unit title: Safety and the changing body

**6 Which of these is not a good way to deal with pressure from someone else?**

**A** Politely saying no.

**B** Spending time with someone else.

**C** Shouting at them.

**D** Asking an adult for help.

**7 Complete the statement so that it is true: During puberty...**

**A** ...boys and girls experience only physical changes.

**B** ...boys and girls experience physical changes and only girls experience emotional changes.

**C** ...boys and girls experience physical and emotional changes.

**D** ...only girls experience changes.

**8 If a friend tells you that they are worried about something, what could you do to support them?**