

# Safety and the changing body - Year 5 - Cycle B

Critical digital consumers

Positive online relationships

Dealing with bleeding

First Aid - Basic life support

Menstruation (Periods)

Emotional changes in puberty

Puberty

# Safety and the changing body - Year 6 - Cycle B

Critical digital consumers

Positive online relationships

Dealing with bleeding

First Aid - Basic life support

Conception

Physical and emotional changes of puberty

Pregnancy and birth