

Safety and the changing body - Year 5 - Cycle A

Online friendships

Staying safe online

Dealing with choking

Alcohol

Making decisions and resisting pressure

Menstruation (Periods)

Emotional changes in puberty

Puberty

Safety and the changing body - Year 6 - Cycle A

Online friendships

Staying safe online

Dealing with choking

Alcohol

Making decisions and resisting
pressure

Conception

Physical and emotional changes
of puberty

Pregnancy and birth