Safety and the changing body - Year 5 - Cycle A

- Staying safe online
- Dealing with choking
- Online friendships
- Alcohol
- Puberty
- Making decisions and resisting pressure
- Emotional changes in puberty
- Menstruation (Periods)

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Safety and the changing body - Year 6 - Cycle A

- Staying safe online
- Dealing with choking
- Online friendships
- Alcohol
- Pregnancy and birth
- Making decisions and resisting pressure
- Physical and emotional changes of puberty
- Conception

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