

Name:

Date:

KS1 Quiz

Unit title: Life cycles and health

1 Which of these would not help with personal hygiene?

- A Washing your hands.
- B Wearing the same underwear each day.
- C Changing for PE.

2 What is this stage of a butterfly's life cycle called?

- A Caterpillar.
- B Pupa.
- C Adult butterfly.

3 How would you measure growth?

- A With scales.
- B With a measuring jug.
- C With a tape measure.

4 Which of these is not a food group?

- A Sweets.
- B Carbohydrates.
- C Protein.

5 What is the same and different about these plates of food?